

	DILLUNS	DIMARTS	DIMECRES	DIJOUS	DIVENDRES
7.15 - 8.05	BIKEINDOOR	BODYPUMP	GAC	FUNCIONAL	BIKEINDOOR
8.00 - 9.00	PERSONAL FIT	PERSONAL FIT	PERSONAL FIT	PERSONAL FIT	PERSONAL FIT
8.15 - 9.00	AQUAGYM	AQUAGYM	AQUAGYM	AQUAGYM	AQUAGYM
9.00 - 10.00	PERSONAL FIT	PERSONAL FIT	PERSONAL FIT	PERSONAL FIT	PERSONALFIT SENIOR
9.05 - 10.00	IOGA		NAT TERAPEUTICA		
9.15 - 10.05		GYMSENIOR	BODYPUMP	GYMSENIOR	GAC
10.15 - 11.00	AQUAGYM	AQUATONO	AQUAFIT	AQUATONO	AQUADANCE
11.00 - 12.00	PERSONAL FIT	PERSONAL FIT	PERSONAL FIT	PERSONAL FIT	PERSONAL FIT
15.00 - 15.45	AQUAGYM	AQUATONO	AQUAFIT	AQUATONO	AQUADANCE
15.15 - 16.05	PUMP		FULL BODY		
15.30 - 16.25		IOGA		PILATES	
16.30 - 17.15					X-TRAIN
17.00 - 17.50	GAC	BALANCE	ZUMBA	PUMP	DANSA DEL VENTRE
18.00 - 18.50	ZUMBA	PUMP	TONOFIT	STEP TONO	IOGA
19.00 - 19.50		GAC		ARS CORPORE	
19.20 - 20.10	BIKEINDOOR	BIKEINDOOR	BIKEINDOOR		BIKEINDOOR
19.30 - 20.15	ENDURANCE FIT		ENDURANCE FIT		