

🕒	DILLUNS	DIMARTS	DIMECRES	DIJOUS	DIVENDRES
7.15 - 8.05	BIKEINDOOR	PUMP	GAC	FUNCIONAL	BIKEINDOOR
8.10 - 9.05	AQUAGYM	AQUAGYM	AQUAGYM	AQUAGYM	AQUAGYM
9.00 - 9.50	IOGA	PERSONALFIT	PERSONALFIT	PERSONALFIT	PERSONALFIT
9.15 - 10.10		GYMSENIOR	PUMP	GYMSENIOR	GAC
10.10 - 11.05	AQUAGYM	AQUAGYM	AQUAGYM	AQUAGYM	AQUAGYM
15.00 - 16.00	AQUAGYM	AQUAGYM	AQUAGYM	AQUAGYM	AQUAGYM
15.15 - 16.15	GAC	IOGA	PUMP	PILATES	CARDIOEXTREM
17.00 - 18.00	GAC	BALANCE	ZUMBA	PUMP	LET'S DANCE
18.10 - 18.30					CORE
18.00 - 19.00	ZUMBA	PUMP	TONOFIT	GAC	IOGA
18.30 - 19.30					
19.00 - 20.00		GAC		FUNCIONAL	
19.20 - 20.20	BIKEINDOOR	BIKEINDOOR	BIKEINDOOR		BIKEINDOOR