

Horari 23 d'Abril al 28 de juliol

| | DILLUNS | DIMARTS | DIMECRES | DIJOUS | DIVENDRES |
|---------------|-------------|-------------|----------------|-------------|-------------|
| 7:15-8:05 | PUMP | BIKEINDOOR | GAC | FUNCIONAL | BIKEINDOOR |
| 8:10-9:05 | AQUAGYM | AQUAGYM | AQUAGYM | AQUAGYM | AQUAGYM |
| 9:00-9:50 | PERSONALFIT | PERSONALFIT | PERSONALFIT | PERSONALFIT | |
| 9:00-10:00 | IOGA | GYMSENIOR | PUMP | GYMSENIOR | GAC |
| 10:05-11:05 | AQUAGYM | AQUAGYM | AQUAGYM | AQUAGYM | AQUAGYM |
| 15:00-16:00 | AQUAGYM | AQUAGYM | AQUAGYM | AQUAGYM | AQUAGYM |
| 15:15-16:15 | FULLBODY | IOGA | GAC | PILATES | JUSTPUMP |
| 15:15-16:15 | | GAC | | KROSTRAIN | |
| 16:30 - 16:45 | | | | | |
| 17:00-18:00 | GAC | HITCORE | BALANCE | FUNCIONAL | ZUMBA |
| 18:00-19:00 | JUSTPUMP | FUNCIONAL | ZUMBA | TONIFICACIÓ | IOGA |
| 19:00-19:15 | CORE EXPRÉS | ABD EXPRÉS | TONIFIT EXPRÉS | GAC EXPRÉS | CORE EXPRÉS |
| 19:20-20:20 | BIKEINDOOR | BIKEINDOOR | | BIKEINDOOR | BIKEINDOOR |
| 19:20-20:20 | | KROSTRAIN | | PUMP | |