

Horari DEL 9 DE GENER al 9 abril

	DILLUNS	DIMARTS	DIMECRES	DIJOUS	DIVENDRES	DISSABTE
7:15-8:15	BIKEINDOOR	GAC	FUNCIONAL	PUMP	PILATES	
8:00-9:00	AQUAGYM	AQUAGYM	AQUAGYM	AQUAGYM	AQUAGYM	
9:00-10:00	MONITOR SALA	MONITOR SALA	MONITOR SALA	MONITOR SALA	MONITOR SALA	
9:15-10:15	IOGA	PILATES	MONITOR SALA	MONITOR SALA	MONITOR SALA	
9:30-10:30						IOGA
10:00-11:00	AQUAGYM	AQUAGYM	AQUAGYM	AQUAGYM	AQUAGYM	
11:00-11:30	MONITOR SALA	MONITOR SALA	MONITOR SALA	MONITOR SALA	MONITOR SALA	
11:15-12:15	MONITOR SALA	MONITOR SALA	MONITOR SALA	MONITOR SALA	MONITOR SALA	
15:15-16:15	PUMP	FUNCIONAL	GAC	IOGA	HIT	
15:15-16:15	AQUAGYM	AQUAGYM	AQUAGYM	AQUAGYM	AQUAGYM	
16:00-17:00	MONITOR SALA	MONITOR SALA	MONITOR SALA	MONITOR SALA	MONITOR SALA	
17:00-18:00	MONITOR SALA	MONITOR SALA	MONITOR SALA	MONITOR SALA	MONITOR SALA	
17:00-18:00	GAC	CORE	BODI BALANCE		ZUMBA	
18:00-19:00	MONITOR SALA	MONITOR SALA	MONITOR SALA	MONITOR SALA	MONITOR SALA	
18:00-19:00	PUMP	GAC	ZUMBA	FUNCIONAL	IOGA	
19:00-20:00	MONITOR SALA	MONITOR SALA	MONITOR SALA	MONITOR SALA	MONITOR SALA	
19:00-20:00	FUNCIONAL		PUMP			
19:15-20:15	MONITOR SALA	BIKEINDOOR	MONITOR SALA	BIKEINDOOR	BIKEINDOOR	
20:00-20:45	MONITOR SALA	MONITOR SALA	MONITOR SALA	MONITOR SALA	MONITOR SALA	

